

Support services

Local offer

Websites for your local disabled team and services in your borough for 0-25 year olds with special educational needs or disabilities for up to date information and support

Hammersmith and Fulham local offer: <https://www.lbhf.gov.uk/>

Kensington and Chelsea local offer: <https://www.rbkc.gov.uk/>

Westminster: <https://fisd.westminster.gov.uk/>

Ealing: <https://www.ealingfamiliesdirectory.org.uk>

gov.uk

Find a community support group or organisation

Your local council may have details of organisations in your community that can give help and support.

<https://www.gov.uk/find-a-community-support-group-or-organisation>

Food Banks

Hammersmith & Fulham Food Bank

Address: St Matthews Church, Wandsworth Bridge Rd, Fulham, London SW6 2TX

Phone: 020 7731 3693

Kensington and Chelsea Social Council

(Museum of Brands - Car Park Entrance) 111-117 Lancaster Road, London W111QT

Phone: 020 7243 9800

Email: info@kcsc.org.uk

Web: www.kcsc.org.uk

Notting Hill Methodist Church (food bank)

Address: 240 Lancaster Rd, Notting Hill, London W11 4AH

Open · Closes 4PM

Phone: 020 7229 7728

Brent Foodbank

Address: 21 Neasden Ln, Willesden, London NW10 2TS

Closed · Opens 1PM

Phone: 07854 585660

Ealing Foodbank

Address: St Mellitus Hall, Church Rd, London W7 3BA

Phone: 07769 759756

Westminster Food Bank

Address: Westminster Chapel, Buckingham Gate, London, SW1E6BS

office@westminsterchapel.org

Support Groups

West London Action for Children (WLAC) offers services for families in H&F and Kensington and Chelsea who are in receipt of benefits. They offer a wide range of service including parenting support and individual work with children.

15 Gertrude Street, London, SW10 0JN

Tel: 0207 352 1155

Parents ACTIVE, This is a parent support group

<http://www.parentsactive.org.uk/home>

National Autistic Society (NAS):

NAS Website: www.autism.org.uk

NAS Helpline: 0845 070 4004 (with language help in 55 languages if required)

Parent to parent: 0800 9 520 520

Mencap Support | Supporting Learning Disability | mencap.org.uk

Helpline: 0333 252 2201/0808 808 1111

Connect & Share Your Experiences in a Safe & Welcoming Online Community. Support for Families.

Contact for families with disabled with a children

Call our free helpline: 0808 808 3555

<https://contact.org.uk/>

Westminster Society

The Westminster Society, 16a Croxley Road, London, W9 3HL

Tel: 020 8968 7376

westminstersociety@wspld.org

Full of Life

This is a parent support group; it does not provide interventions for families but is a good contact point for information and support in Kensington and Chelsea

<http://www.fulloflifekc.com/>

Brent's Family Solutions Age group 0 to 18 years old (up to 19 if you have a disability)

Address Brent Civic Centre, Engineers Way, Wembley HA9 0FJ,

Email: EHA@brent.gcsx.gov.uk

Website: <https://www.brent.gov.uk/earlyhelp>

YoungSibs For brothers and sisters of disabled children and adults

<https://www.youngsibs.org.uk/>

Mental Health Support

Urgent mental health support : If you are in need of urgent mental health support please contact your GP, or the West London NHS Trust 24 Hour Helpline on 0300 1234 244.

Back on Track: Hammersmith and Fulham mental health support.

Tel: 0300 123 1156

<https://www.backontrack.nhs.uk/>

Mind for better mental health

Helplines: 0300 123 3393

www.mind.org.uk

Domestic Abuse support

National Domestic Abuse Helpline Call us, 24-hours a day, for free and in confidence.

TEL: 0808 2000 247

If you are in an emergency situation, please call 999

Solace Women's Aid

I need help now TEL: 0808 802 5565

Free and confidential advice and support for women in London

<https://www.womensaid.org.uk/>

<https://www.solacewomensaid.org/>

Mankind

01823 334244- Helping men escape domestic abuse

<https://www.mankind.org.uk/>